

XIN

PROFILE

Xin is studying the Certificate II in Automotive Electrical course and is in her 3rd week. The course runs Mondays and Tuesdays 8.00am to 4.45pm and Wednesday mornings 8.00am to 12pm and is very condensed over the 16 weeks. She is a quietly spoken student and lacks confidence in her abilities. She is due to have her 1st assessment next week and is very anxious about it. She doesn't have much time to study at home as she is a single parent and collects her daughter from childcare after class. Xin struggles with Anxiety – this impacts her thinking abilities, so she is worried that she is going to fail her assessment.

IMPACT ON XIN

- Difficulty making decisions
- Struggles with organising and thinking ahead
- Difficulty in concentrating and remembering
- Lacks confidence and self-esteem
- High levels of anxiety
- May appear tense/worried/restless
- Anxiety impacting the learning process

IMPLICATIONS FOR LEARNING

- Difficulty with time management and thinking ahead
- Difficulty in recalling information, memory lapses
- Difficulty following complicated instructions and integrating material from a range of sources
- Short attention span making it difficult to focus on the tasks
- Low expectations of own ability and not able to see successes
- Fear of failure
- Being withdrawn or isolated in class
- Difficulty in asking teacher for help
- Difficulty responding to questions in class
- Easily pressured
- Particularly anxious during assessment in accredited courses
- Needing to leave the room suddenly without explanation

EVENT

Xin's daughter has been sick, and Xin has missed a week of class. The teacher overlooks this when Xin returns the following Monday. He targets Xin with a tricky content question. Xin suddenly gets up and walks out without speaking. The teacher locates Xin who is very upset; in the courtyard. Xin confesses she has fallen behind with her study and feels lost and at risk of failing.

Discuss with your table and nominate 5 important priority strategies.

Inclusive Educator Strategies
Have patience with student's decision-making process; reframe or redirect the topic
Set realistic achievable tasks and outcomes
Provide extra time to complete learning activities where appropriate
Help with study and organisational skills and learning to learn strategies
Ensure opportunities to revise what was covered in the previous class
Provide different types of learning activities in a session that show early success
Allow for frequent rest breaks – if needed
Minimise distractions in learning setting
Prepare a quiet space for students to work if necessary
Simplify task instructions - one task at a time- smaller steps
Help with identifying key information; class discussion and scaffolding the learning
Empathise where a student is experiencing difficulties and challenges
Use a consistent teaching approach and keep variations to a minimum
Make clear to all students upfront that you are available for any issues and concerns
Provide opportunities for interaction in pairs or small groups rather than just the whole class
Give oral feedback in a positive manner supported by written feedback on

assignments/assessments
Acknowledge and understand that behaviour is often related to our well-being and mental health
Always be ready to encourage students to participate even where it may be challenging
Work to include all students in all activities
Acknowledge frustration and try to understand/empathise with the cause
Be calm, patient and empathise with how the student is feeling 'I can see that you are upset. Is there something I can do?'
Be ready and flexible to accommodate a student needing a break, coffee or a walk to calm down
Acknowledge student diversity and perspectives
Show genuine interest in the student's well-being: seek common interest to connect with the student
Understand that disinterest in classroom activities is not necessarily a criticism of your teaching
Ensure the student has a reliable and effective system to communicate with you and if necessary, set aside a time each week to meet
Have a structured daily or weekly timetable and prepare students adequately for changes to schedules
Plan for consistent strategies to deal with inappropriate behaviour, accepting that behaviour may relate to a communication need
Focus on positive behaviour and the student's strengths
Use and support a study mate system in class
Negotiate with student an option to take work home if needed
Identify and discuss alternative formats with the student prior to assessment: e.g. oral or practical demonstrations of competency
Set realistic achievable goals and outcomes. Provide extra time to complete learning activities and reduce the number of activities if appropriate
Contact Student/Equity services immediately If concerned about a student's general wellbeing

Explore supported pathways (internal and external) for a student to build language skills
Facilitate ongoing enrolments with the capacity for students to re-enrol next semester if work not completed
Make expectations clear about all aspects of training including standards of work and assessment requirements
Provide lesson notes prior to training delivery (electronic and/or hard copy) to help student prepare
Provide opportunity for the student to withdraw from the group when necessary
Model positive behaviour, self-talk and problem solving
Make sure a student is not put on the spot by being targeted to do things they feel uncomfortable doing
Review progress, goals and student expectations periodically
Minimise any unnecessary requirements regarding oral presentations if the student feels uncomfortable
Arrange to show students around the campus/facilities if they missed induction
Respect a student's need to work on their own
Understand that some may need to negotiate to arrive late so they can come in when everyone is settled and quietly settle themselves
Demonstrate flexibility and show respect if a student needs to leave early (planned and unexpected)
Direct safe questions to group and don't single out individuals
Reduce anxiety by giving prompt feedback
Maintain contact with students and be observant of any unexpected withdrawal from participation
Provide seating near the door and freedom to leave if a student is feeling panicky
Design assessment tasks where possible to allow students to have choice about how they will present their learning
Other strategies:

